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Included: 60 social scenarios. Each scenario has two task cards; one for students to identify the problem and the second for students to identify the problem and solution.

Directions for printing: Print slides, I recommend laminating for extended use.

Ideas for use: Can be used for life skills centers and vocational centers



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You texted your friend, but they did not reply so you called them multiple times until they answered and now they are annoyed.

You are meeting a friend at the movies and when they get there, they brought their significant other. You feel left out because you are not dating anyone.

What is the problem?

What is the problem?

3

All of your friends are planning a night out for dinner, but you do not have the money to go out to eat and cannot go with them.

Your friend is having a bad day and you try to comfort them, but they want to be alone. You keep trying to make them feel better and they tell you to leave them alone.

What is the problem?

You have to attend a family member's birthday party, but your friend wants to go to the mall. You want to go to the mall instead of the family party.

It is a Saturday night and you text a friend to invite over to play video games, but they never respond. You do not hear back from them all weekend.

What is the problem?

What is the problem?

The person you are dating only wants both of you to hang out with their friends. You miss your friends and

The person you have a crush on asked your friend out on a date and they said 'yes'.

What is the problem?

want to hang out with them too.

What is the problem?

7

buys the soda but one day you tell them not to. The other person gets mad and says, "this is not your conversation".

What is the problem?

It is your birthday and none of your friends got you a present. They told

12

you, "happy birthday", but you feel like they do not care about you.

What is the problem?

You wake up and have a fever and were supposed to go to a friend's party. You tell them you cannot attend, and they get mad at you.

What is the problem?

11

Your friend is sad, and you do not know how to make them feel better.

Now you feel like a bad friend.

You agreed to babysit your sibling while your parents go to a movie. Then your friend sends you a text asking to hang out and you have to say 'no'. You would rather hang out with them.

It is Valentine's day and you do not have a date. All of your friends have a date and you are jealous.

What is the problem?

What is the problem?

15

A close friend invites you over when their parents are out and gives you a beer. You do not want to drink it but

You are being bullied by someone at school and it makes you angry. The bully calls you names in front of others and you want it to stop.

What is the problem?

feel pressured to do so.

What is the problem?

20 None of your friends can come over and hang out this weekend. You are

lonely and bored.

What is the problem?

You were invited to a party but when you arrive, you do not know many people and are too shy to talk to anyone and feel lonely.

What is the problem?

19

You forgot it was your friend's birthday, so you did not get them anything. You feel bad because everyone got them something but you.

At a party you try to talk to a friend, but they are distracted with talking to people you do not know. Now you feel left out and want to leave.

What is the problem?

23

You and a friend are hanging out and you want to play video games. They do not and tell you that you play video games too much.

What is the problem?

You texted a friend on Friday asking them to hang out this weekend but now it is Saturday afternoon and they have not replied. You call them and they do no answer either.

What is the problem?

A close friend of yours has started hanging out with people you do not get along with. You two do not hang out a lot anymore and you miss being their friend.

What is the problem?

24

You love sports but some of your friends do not. They do not listen to you when you talk about games and different players.

One of your friends stopped eating to lose weight. They want you to do the same but you do not want to and you are worried about them.

What is the problem?

What is the problem?

27

A lot of your friends are telling you that you have to do physical things with your boyfriend/girlfriend but you

Your friends have started smoking but you do not want to. You try it to fit in with them but do not like it. You do not want them to stop hanging out with you.

What is the problem?

are not ready to do any of that.

You are meeting a friend to see a movie, but they text you they cannot come. You are already at the theater and want to see the movie.

You want to go to the pool but none of your friends do. They want to go to the mall, but you do not have any extra money to go to the mall.

What is the problem?

What is the problem?

31

Your family does not like your new friend because they think they are a bad influence on you. They want you to stop being friends, but you do not.

You made a new friend at work and want your school friends to get along with them. Everyone meets for lunch and your work friend does not like your school friends.

What is the problem?

You are showing your friends pictures from your vacation, but they get jealous and tell you to 'stop bragging'. Your feelings are hurt and you get mad at them.

Your friends are constantly posting on social media, but you are not allowed to have social media accounts. You feel left out and ignored.

What is the problem?

What is the problem?

Your friend is having a party and their parents are out of town. You know some people will be drinking alcohol and you do not want to, but One of your friends gives you diet pills to help you lose weight before a big school dance. You take them but feel terrible after, now you are worried about your friend.

What is the problem?

also want to fit in at the party.

What is the problem?

35

A friend you have a crush on asks someone else out on a date.

Afterwards, they tell you how great the date was, but you are upset because you have feelings for them.

You see your friend flirting with the person you have a crush on. You are angry and hurt because your friend knows how much you like this person.

What is the problem?

What is the problem?

40

39

Your curfew is at 10:00pm and all your friends can stay out until midnight. You asked to stay out later but your parents said 'no'.

You like to post on social media, but your friends are tired of you always taking pictures of yourself instead of hanging out with them.

What is the problem?

One of your friends lies to their parents a lot. You do not like it but are afraid to tell them how you feel.

You are having a fight with your family and your friend keeps asking you what is wrong. You do not want to tell them, but they will not stop asking you.

What is the problem?

What is the problem?

43

A friend of yours is always sad and depressed. You have to cheer them up a lot, but are tired of it and wish they would listen to your problems.

You do not like the person your friend is dating but they always want the two of you to hang out together. You agree to hang out, but hate it.

What is the problem?

You kissed the person you are dating, and your friend tells everyone you know. You are upset because you did not want everyone to know what happened.

You asked someone out on a date, and they said, 'no'. You see them at a restaurant with someone else and it makes you feel bad. You want to leave and not see them on a date.

What is the problem?

What is the problem?

47

You were invited to a party but cannot attend. The next day everyone is talking about it and you feel left out.

No one can hang out with you this weekend and you are lonely. You try texting and calling your friends, but they do not reply.

What is the problem?

What is the problem?

The person you are dating is older and tells you that you need to be more mature. It hurts your feelings and you do not know what they want from you.

What is the problem?

A friend of yours offers you their medication for ADHD to help you focus. You do not want to take it but feel pressured to take it.

What is the problem?

51

At the mall, you receive a text from the person you are dating that says they want to break up. You are devastated and do not want to cry in public.

You have to help your family clean your house but the person you are dating keeps texting you to hang out. You have to help your family but also want to see them.

What is the problem?

Your friend invites you over to watch a movie but when you get there, your friend has been drinking alcohol and wants you to drink some too.

What is the problem?

55

The person your best friend is dating asks you to hang out. You say 'no' but they keep asking and start flirting with you.

What is the problem?

Your best friend cannot come to your birthday party because they have to work. They want you to change the party to a different day, but you already have everything planned.

6D

You told someone a secret about your close friend, and they found out. Now they are mad at you and refuse to speak to you.

All of your friends are talking about their vacations and all you did was stay at home. You are jealous and feel left out.

What is the problem?

What is the problem?

59

You disagree with your friend on politics and you both get into an argument. Neither one of you are willing to let it go and you two have stopped talking.

You have a crush on your friend, but they are dating someone. Every time they talk about their dates you feel terrible and want to tell them how you feel.

What is the problem?

their significant other. You feel left

out because you are not dating anyone.

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What is the problem?

What is a solution to the problem?

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What is a solution to the problem?

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What is the problem?

What is a solution to the problem?

3

1

What is a solution to the problem?

12

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What is a solution to the problem?

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